

# Waiver and Release

**Note: By signing this document you will waive certain legal rights. Please read carefully before signing.**

Field Trip Leaders: Please return completed original forms to Westman Naturalists or submit directly to a Westman Naturalists Board Director.

**Activity/trip:** \_\_\_\_\_

**At Location:** \_\_\_\_\_

**On date:** \_\_\_\_\_

To: The Westman Naturalists, Brandon, Manitoba

I hereby acknowledge:

1. That I am fully aware of the risks associated with participation in the above-named activity.
2. That I have freely accepted responsibility for accidents to myself arising from hazards and risks which could include, but are not limited to: Covid-19; steep, uneven, slippery or jagged terrain; insects, dangerous plants, and animals; sudden extreme weather conditions; forest deadfalls; tree stumps; holes and depressions below the snow or ground surface; slippery ice; thin ice on frozen creeks, lakes and marshes; cold water; dense bush; and poor trails.
3. I recognize and acknowledge that the following are my responsibility: inappropriate clothing; inadequate physical fitness or health; not obeying directions of the hike or activity coordinator; intentionally separating from the group activity; and failure to exercise good judgment or pay due care and attention.
4. That I hereby waive any claim I may have against the Westman Naturalists and any of its directors, executive members or trip leaders and release them from all liability for any damages, loss of income, costs, expenses, or other injury of any kind whatsoever arising out of injuries or damages sustained by me as a result of my participation in this activity.

I acknowledge that this waiver and release will be binding upon myself, my family, heirs, executors, administrators, assigns, and successors. Signed at (city, prov)

\_\_\_\_\_, on the \_\_\_\_ day of \_\_\_\_ 20 \_\_\_\_, in the presence of:  
(witness) \_\_\_\_\_

